Almost half of the children in the U.S. are deprived of the lifelong benefits of two parents who share the parenting throughout the first 18 years of their children's lives.

Who are children living with?

55% mother & father - 4% unmarried

21% single mother - half divorced & half never married

14% mom & stepdad

5% neither parent

2% mom & her boyfriend

2% single dad

1% dad & stepmom

.5% dad & his girlfriend

Children's Living Arrangements: 2009. Census Bureau.

Research brochure by Dr. Nielsen ©



American Coalition for Fathers & Children

ACFC.ORG Michael McCormick, Exec. Dir. 1-800-978-3237 mmccormick@acfc.org

FICTION

SHARED PARENTING ©

FACTS & FICTION

Research Brochure by

© Dr. Linda Nielsen

Professor of Education Wake Forest University www.wfu.edu/~nielsen Nielsen@wfu.edu

August, 2011



American Coalition for Fathers & Children

ACFC. ORG
Michael McCormick, Exec. Dir
1-800-978-3237
mmccormick@acfc.org

Most children are satisfied with the amount of time they spend (or spent) with their fathers after their parents' divorce.

As long as the mother has enough money, children don't pay a price for having too little or no contact with their father.

Shared parenting is harmful for infants or young children because they should not be separated overnight from their mother.

When parents share parenting, children are worse off financially because their dad pays much less child support.

Children benefit more from living with their mothers because mothers have more impact on their well being than father do.

Most divorced fathers are not interested in having their children live with them more or spending more time together.

Most divorced or never married parents are too hostile to share parenting or to benefit from programs on co-parenting.

Shared residential custody fails for most families, thus creating unnecessary instability for children.

The general public is opposed to shared residential custody – a sentiment that is accurately reflected in our custody laws.

FACT

The vast majority of kids want – or wanted – more time living with their dads after their parents divorced.

1-7

Children who live with both parents at least 33% of the time are equal or better on measures of psychological, academic, behavioral and social well being. 8-19

Preschoolers shouldn't be separated from either parent for more than a few days & can spend nights in both homes. 20-21

Dads who share parenting are more likely to pay child support & spend more for things such as college. ²², 23

Dads contribute as much to children's well being as moms do, even if their styles of parenting differ. ^{24, 14}

Most divorced dads want more time living together with their children. ²⁵⁻²⁹

Children benefit from shared residential custody even when their parents have ongoing verbal conflicts & are not on particularly friendly terms. ^{9,10,12,14,20}

Shared residential custody has been stable & successful for most parents. 10,16,30

In recent public opinion polls men & women are overwhelmingly in favor of shared residential custody. ^{31, 32}

Endnotes

- ¹ Nielsen, L. Review of shared parenting research. In press
- ²Ahrons, C. We're Still Family: What grownup children say about divorce, 2004.
- ³ Fabricus W. Listening to children of divorce. *Family Relations*, 2003.
- ⁴ Emery, R. The truth about children & divorce. 2004.
- ⁵ Finley & Schwartz Father involvement & young adult outcomes. *Family Court Review*, 2007
- Harvey & Fine Children of Divorce: Stories of Loss and Growth. 2004.
- ⁷Amato & Dorius, Fathers, children & divorce in Lamb's *Father's role in child development*, 2010
- ⁸Aquilino, W. Noncustodial father child relationships. *Marriage & Family*, 2010.
- ⁹Breivik & Olweus, Adolescents' adjustment in four family structures. *Divorce & Remarriage*, 2006.
- ¹⁰ Buchanan & Maccoby, *Adolescents after divorce*, 1996
- Fabricius et al. Parenting time & children's outcomes in *Lamb's book*, 2010.
- ¹²Juby et al. Sharing roles, sharing custody. *Marriage & Family*, 2005.

- 13 Scott, Booth & King Post divorce father-adolescent closeness. *Journal of Marriage and Family*, 2007.
- ¹⁴ Nielsen, L. Fathers & Daughters: Contemporary Research & Theory, Routledge, 2012 (in press)
- Lee, M. Childrens' adjustment in dual & sole residence. *Family Issues*, 2002.
- Melli & Brown, Exploring the shared time family. *Law, policy & family*, 2008
- Prazen et al. Joint physical custody & friendships. Sociological Inquiry, 2011.
- ¹⁸ Smyth, B. Five year summary of shared care in Australia. *Family Studies*, 2009.
- ¹⁹ Spruijt & Duindam, Joint physical custody & children's well being. *Divorce* & *Remarriage*, 2010
- Pruett et al. Collaborative divorce project. *Family Court Review*, 2005.
- Warshak, R. Overnight contact between parents & young children. *Family Court Review*, 2000.
- Fabricus & Braver. Divorced parents financial support of college expenses, *Family Court Review*, 2003
- Braver, S. Divorced Dads: Shattering the Myths, 1998

- Lamb, M. The Father's role in child development, 2010.
- Bokker, Farley & Denny. Well being among recently divorced fathers. *Journal of Divorce & Remarriage*, 2005
- Fagan & Hawkins. *Educational Interventions with Fathers*, 2003.
- ²⁷ Hallman & Deinhart. Fathers' experiences after divorce. *Fathering*, 2007.
- 28 Stone, G. Divorced fathers well being. *Journal of Divorce & Remarriage*, 2007.
- Frieman, R. Understanding noncustodial parents. *Divorce & Remarriage*, 2007.
- ³⁰ George, T. Residential time reports. Washington State Courts, 2008.
- ³¹ Braver, S. Lay judgments on custody. *Psychology, public policy & law.* 2011.
- ³² Fatherhood Coalition, *Shared parenting election results*, 2004.